

ELEVATE LEADERSHIP PROGRAM

LASER COACHING: THE SHIFT MODEL



COURSE DETAILS

Leaders now a days are facing huge challenges with the new normal and coaching is one of the most powerful competencies helping leaders be more authentic and up to the challenge. In this program we will dig into the 3 major roles of a leader when to manage, when to mentor and when to coach in a powerful way and learn the most powerful techniques and one of the best Coaching models. Prepare for an experiential workshop that will empower you with insight and raw energy for 2 days.

TARGET GROUP

This training course is designed primarily for business professionals in all areas including Sales, Technical and Management sectors as Supervisors, Managers, Executives, Head of Departments, Team Leaders, Technical Personnel, and anyone wanting to upscale their skills with powerful coaching techniques.

INSTRUCTOR PAULINE SAWAYA (MBA, AMC) - PEOPLE & BUSINESS ENABLER

Pauline Sawaya is the Founder of Swift Shift, Coaching & Consultancy Ltd, the transformational Coaching, Capacity building & Consultancy concept. She is an accredited Master Coach, Consultant, HR, Master NLP and transformational trainer, public speaker & firewalker. A strategic Executive / Coach with over 27 years of experience in local and multinational companies at strategic very senior levels such as Senior Head of HR and General Manager. Pauline Enables, Empowers, Supports, Mentors and Cheerfully Coach Executives, senior managers, employees, and successful individuals to Swift Shift to their highest potential +9. She has extensive experience in Coaching over 4000hours, Human Capital, strategies, structural change, team building, Mentoring and Leadership.

Pauline also hosts the BABE talks which is an invitation for Women to be more Bold, Authentic, Empowered and Empowering where she hosts women who made it to share their stories and help other women by sharing in the end an action point or a nugget advice to break the stigma and become more intellectually Attractive than Sexually attractive. Her passion is taking the self-development world to the next level & empowering the corporate world & the individuals to Swift Shift from where they are TODAY to where they want to be +9.

Pauline holds a Bachelor's & Master's degree in Business Management from Notre Dame University as well as 2 Coach Certifications from Erickson Canada, is a Change Coach from CCI, Master NLP Practitioner by the American Board of NLP, Timeline Therapy & Hypnotherapist Practitioner, Senior Trainer, Mentor Coach, Laughter Yoga Leader & Firewalker. Pauline is the First Accredited Master Coach by the International Authority for Professional Coaching & Mentoring, UK in the region. Pauline is a member of the Lebanese League for woman in Business, A mentor at the Blessings Foundation for Women empowerment, Mentor at the Challenge to Change, Mentor Coach & Senior Trainer for Noble Manhattan Coaching LTD, ICF member & IAPC&M Master Coach, Member of the Women Leaders Council, Member of IWCLondon, Member of SEAL Cyprus, Vice President of Cyprus International Women of Today -CIWOT.

TOPICS TO BE COVERED

- The three hats of leadership and their characteristics
- When to use the leadership hats
- Characteristics of a Manager as a Coach
- Coaching Tools
- Active listening
- Powerful Questions
- Laser Coaching technique
- The SHIFT Coaching



DATES & VENUE

LIMASSOL

CYPRUS COLLEGE

23/05 - 24/05

THURSDAY & FRIDAY

9.00-14:00

€350 + VAT

NICOSIA

CYPRUS COLLEGE

29/06 - 30/06

WEDNESDAY & THURSDAY

9.00-14:00

€350 + VAT

DELIVERY METHOD

FACE-TO-FACE

PLEASE NOTE THAT DUE TO THE COVID-19 PANDEMIC, IN-PERSON PROGRAMS MAY SHIFT TO VIRTUAL FORMAT

LANGUAGE OF INSTRUCTION
ENGLISH